



FARM to FRIDGE

The Dairy Farm

It's all about the cows; they have special stomachs that turn plants into milk. Dairy farmers care for them every day, even weekends and holidays!

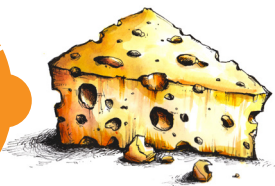


Milk Truck

The milk gets cooled in large tanks, tested for safety and then driven in a tanker truck to the processing plant.

Cheese and More

Milk is pasteurized to ensure safety and freshness. It can then make all sorts of dairy foods, like cheese, yogurt, butter and ice cream.



The Store

The milk and other dairy foods are packaged up and sent in a refrigerated truck to the grocery store.

Your Fridge

The dairy gets to you, so you can fuel up with three servings every day and get important nutrients like protein and calcium.

